

mTOR: Alzheimer's disease prevention for APOE4 carriers

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Alzheimer's disease (AD) is the most common form of dementia and the leading cause of death in the US. , QKHULWDQFH RI WKH \$SROLRSURWXLQQRWLRQV2; @DOOHOH LV WKH VWURQJHVW JHQHWLF ULVN IDFWRU IRU AD WGHRRQNW \$DWH \$32(WKDW P7 FDUULHUV DFFXPXODWH EHWD DP\ORHG X \$HG DGRQLQ\ADP; EDULRQVSDWKZDV tau tangles earlier and with more extensive pathology W KDW RWKHUZLVH LPSDLU %%% LQ compared to non-carriers. However, decades before the WUDQVJHQLF PLFH > @ /RVV RI %%% DJJUHJDWLRQ RI \$ DQG WDX FRJOLWHIInitiating events Oth\$32ad to AD-like FDUULHUV KDYH GHYHORSHG QHXUS D WKRORDU FGD; FDWVD GH FQXGKQ \$32(UHGXFHG FHUHEUDO EORRG ARZ %%% %DGGWHRSDMUHLG/ EORRG\ DVVRFLD EUDLQ EDUULHU %%% LQWHJULWDQG @SUTKHVH UYHRY H HLDGQEQW HVELOLW\ WKDW EUDLQ SK\VLRRJ\ LV DOWPLUHG > L@ \$32(DeGardWahlberg reported EHIRUH FOLQLFDO PDUNHUV VXFK W KDW WDKL ESDWLRQR RJ\ P725 DFWLYD PHPRU\ GH; FLWV DSSHU VXJJHVWVoxice synthesis and causes the release of Dric Oxide, a SUHGLVSRVH \$32(FDUULHUV WR GMDMBSOOWR'U 7ZKUFKRUG WXUQ LQF HDUO\ LQWHUYHQWLRQV WKDW FDQPRSVWRQH QXDGYS\Minke\$32(GH; FLWV to normal could be critical in potentially preventing the development of AD-related neuropathology and cognitive impairment. In a recent study, using magnetic resonance imaging (MRI), Lin et al. reported that young, DV\PSWRPDWLF \$32(WDUJHWHG UHRSURVSLUAWunTibFsh through HDWHPotential ZLWK UDSDP\FLQ KDG UHVWRUHG \$DWKZDGV %%% %FDQWH QLXWRYDVFXOD WR WKH OHYHO RI ZLOG W\SH FRQVUQDHWV @YHQW VS WKHWHYCHG WR LQKLELWLRQ PLJKW EH DQ HuHFWLYH brain vascular function and disorders frequently slow or prevent the progress of AD development. X QFWLRQV DUH , Q FRQFOXVLRQ P725 LQKLELWLRQ to in Edele lifespan and healthspan in various species. 5DSDP\FLQ LV D GUXJ DSSURYHGRSparacil ROR @ DQWatives, Japalogues) has been \$GPLQLVWUDWLRQ)' \$,W KDV EHHDSZUMEGXE/HQKQ F\SLQLGPH IRU settings and was originally used as an immunosuppressive humans, and these compounds have been given to cancer agent to prevent rejection of organs in transplant patients. patients for relatively long periods of time with little %\ +HLWPDQ DQG FR ZRUNHU Vchange in the quality of life and order of the 7DUJHW RI 5DSDP\LQ 725 > @ , Q the AD pathology resolves and prevents neurovascular LV VSHFL;HG DV PDPPDOLDQ 725 IRQFWLZSQVPZQ5WKH \$32(WUDQVJHQLF the serine/threonine kinase that is the regulatory nexus results may provide the basis for future AD prevention IDFWRUV DQG FHOOXODU HQHUJ\ VWDWXV 5DSDP\FLQ LV D P725 LQKLELWLRU \$ PDMRU EUHDNWKURXJKLIRFFXUUHG LQ ZKHQ LW ZDV VKRZQ WKDW UDSDP\FLQ ZKLFK UHGXFHG P725 signaling, increased the lifespan of mice (see review in > @ , Q DGGLWLRQ UDSDP\FLQ KDV EHHQ VKRZQ WR UHGXFH a variety of cancers in mice as well as atherosclerosis in mouse models fed high fat diets as well as improve LPPXQLW\ LQ HOGHUO\ KXPQV > @ \$V UHJDUG WR WKH KXPQV central nervous system, several studies have shown that LQKLELWLRQ RI P725 E\ UDSDP\FLQ WUHDWPHQW LPSURYHV cognition, slows brain aging, and impedes the progress of

neurodegenerative disorders through pathways associated with autophagy, glucose metabolism and mitochondrial W KDW RWKHUZLVH LPSDLU %%% LQ compared to non-carriers. However, decades before the WUDQVJHQLF PLFH > @ /RVV RI %%% DJJUHJDWLRQ RI \$ DQG WDX FRJOLWHIInitiating events Oth\$32ad to AD-like FDUULHUV KDYH GHYHORSHG QHXUS D WKRORDU FGD; FDWVD GH FQXGKQ \$32(UHGXFHG FHUHEUDO EORRG ARZ %%% %DGGWHRSDMUHLG/ EORRG\ DVVRFLD EUDLQ EDUULHU %%% LQWHJULWDQG @SUTKHVH UYHRY H HLDGQEQW HVELOLW\ WKDW EUDLQ SK\VLRRJ\ LV DOWPLUHG > L@ \$32(DeGardWahlberg reported EHIRUH FOLQLFDO PDUNHUV VXFK W KDW WDKL ESDWLRQR RJ\ P725 DFWLYD PHPRU\ GH; FLWV DSSHU VXJJHVWVoxice synthesis and causes the release of Dric Oxide, a SUHGLVSRVH \$32(FDUULHUV WR GMDMBSOOWR'U 7ZKUFKRUG WXUQ LQF HDUO\ LQWHUYHQWLRQV WKDW FDQPRSVWRQH QXDGYS\Minke\$32(GH; FLWV to normal could be critical in potentially preventing the development of AD-related neuropathology and cognitive impairment. In a recent study, using magnetic resonance imaging (MRI), Lin et al. reported that young, DV\PSWRPDWLF \$32(WDUJHWHG UHRSURVSLUAWunTibFsh through HDWHPotential ZLWK UDSDP\FLQ KDG UHVWRUHG \$DWKZDGV %%% %FDQWH QLXWRYDVFXOD WR WKH OHYHO RI ZLOG W\SH FRQVUQDHWV @YHQW VS WKHWHYCHG WR LQKLELWLRQ PLJKW EH DQ HuHFWLYH brain vascular function and disorders frequently slow or prevent the progress of AD development. X QFWLRQV DUH , Q FRQFOXVLRQ P725 LQKLELWLRQ to in Edele lifespan and healthspan in various species. 5DSDP\FLQ LV D GUXJ DSSURYHGRSparacil ROR @ DQWatives, Japalogues) has been \$GPLQLVWUDWLRQ)' \$,W KDV EHHDSZUMEGXE/HQKQ F\SLQLGPH IRU settings and was originally used as an immunosuppressive humans, and these compounds have been given to cancer agent to prevent rejection of organs in transplant patients. patients for relatively long periods of time with little %\ +HLWPDQ DQG FR ZRUNHU Vchange in the quality of life and order of the 7DUJHW RI 5DSDP\LQ 725 > @ , Q the AD pathology resolves and prevents neurovascular LV VSHFL;HG DV PDPPDOLDQ 725 IRQFWLZSQVPZQ5WKH \$32(WUDQVJHQLF the serine/threonine kinase that is the regulatory nexus results may provide the basis for future AD prevention IDFWRUV DQG FHOOXODU HQHUJ\ VWDWXV 5DSDP\FLQ LV D P725 LQKLELWLRU \$ PDMRU EUHDNWKURXJKLIRFFXUUHG LQ ZKHQ LW ZDV VKRZQ WKDW UDSDP\FLQ ZKLFK UHGXFHG P725 signaling, increased the lifespan of mice (see review in > @ , Q DGGLWLRQ UDSDP\FLQ KDV EHHQ VKRZQ WR UHGXFH a variety of cancers in mice as well as atherosclerosis in mouse models fed high fat diets as well as improve LPPXQLW\ LQ HOGHUO\ KXPQV > @ \$V UHJDUG WR WKH KXPQV central nervous system, several studies have shown that LQKLELWLRQ RI P725 E\ UDSDP\FLQ WUHDWPHQW LPSURYHV cognition, slows brain aging, and impedes the progress of

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